

## RESEARCH PAPER

# Antidepressant-like activity of CGP 36742 and CGP 51176, selective GABA<sub>B</sub> receptor antagonists, in rodents

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**Background and purpose:** A crucial role for the GABA<sub>B</sub> receptor in depression was proposed several years ago, but there are limited data to support this proposition. Therefore we decided to investigate the antidepressant-like activity of the selective GABA<sub>B</sub> receptor antagonists CGP 36742 and CGP 51176, and a selective agonist CGP 44532 in models of depression in rats and mice.

**Experimental approach:** Effects of CGP 36742 and CGP 51176 as well as the agonist CGP 44532 were assessed in the forced swim test in mice. Both antagonists were also investigated in an olfactory bulbectomy (OB) model of depression in rats, while CGP 51176 was also investigated in the chronic mild stress (CMS) rat model of depression. The density of GABA<sub>B</sub> receptors in the mouse hippocampus after chronic administration of CGP 51176 was also investigated.

**Key results:** The GABA<sub>B</sub> receptor antagonists CGP 36742 and CGP 51176 exhibited antidepressant-like activity in the forced swim test in mice. The GABA<sub>B</sub> receptor agonist CGP 44532 was not effective in this test, however, it counteracted the antidepressant-like effects of CGP 51176. The antagonists CGP 36742 and CGP 51176 were effective in an OB model of depression in rats. CGP 51176 was also effective in the CMS rat model of depression. Administration of CGP 51176 increased the density of GABA<sub>B</sub> receptors in the mouse hippocampus.

**Conclusions and Implications:** These data suggest that selective GABA<sub>B</sub> receptor antagonists may be useful in treatment of depression, and support an important role for GABA-ergic transmission in this disorder.

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**Keywords:** GABA<sub>B</sub> receptors; CGP 36742; CGP 44532; CGP 51176; forced swim test; olfactory bulbectomy; chronic mild stress; depression

**Abbreviations:** ANOVA, analysis of variance; CGP 36742, 3-aminopropyl-*n*-butyl-phosphinic acid; CGP 44532, (3-amino-2(*S*)-hydroxypropyl) methylphosphinic acid; CGP 51176, 3-amino-2(*R*)-hydroxypropyl-cyclohexylmethyl-phosphinic acid; CGP-54626, cyclohexylmethyl-[(*S*)-3-[(*S*)-1-(3,4-dichloro-phenyl)-ethylamino]-2-hydroxy-propyl]-phosphinic acid hydrochloride; CGP 55845A, (2*S*)-3-[[1-(1-(3,4-dichlorophenyl)ethyl)amino-2-hydroxypropyl] (phenylmethyl) phosphinic acid hydrochloride; CGP 56433A, [3-[1- (*S*)-[[3-(cyclohexylmethyl)-hydroxyphosphinoyl]-2-(*S*)-hydroxy-propyl]amino]-ethyl]-benzoic acid, lithium salt; CMS, chronic mild stress; GABA,  $\gamma$ -aminobutyric acid; OB, olfactory bulbectomy

## Introduction

Depression is a psychiatric disorder with high morbidity and mortality. The prevalence of depression has increased over the last 50 years (Healy 1998), affecting 10–15% of the

population. It is also one of the most costly diseases; in the European Union, costs of affective disorders exceed 105 billion Euro (Andlin-Sobocki *et al.*, 2005). Taking into account that only one case out of four is both diagnosed and properly treated and that ~15% of patients with depression will commit suicide (Brody *et al.*, 1998; Glass, 1999), the problem is difficult to overestimate. The serendipitous discovery of the antidepressant effects of monoamine oxidase inhibitors (Loomer *et al.*, 1957) and catecholamine

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uptake inhibitors (Kuhn, 1957) has formed the basis of the monoaminergic hypothesis of depression. Antidepressant therapy includes antidepressant drugs with a variety of pharmacological mechanisms, mostly affecting uptake or metabolism of monoamine neurotransmitters. However, antidepressants exert multiple adverse effects (Stahl, 2000) and have unsatisfactory efficacy. A role for the amino-acid neurotransmitter,  $\gamma$ -aminobutyric acid (GABA), in mood disorders was first proposed over 20 years ago by Emrich *et al.* (1980), based on the clinical observation that valproic acid, a GABA agonist, was effective in the treatment of bipolar patients. The studies of Lloyd and colleagues showing an upregulation of GABA<sub>B</sub> receptors after prolonged antidepressant treatment in rats (Pilc and Lloyd, 1984; Lloyd *et al.*, 1985) focused attention on this receptor type.

GABA is the major inhibitory neurotransmitter in the central nervous system (Paredes and Agmo, 1992), acting via stimulation of GABA<sub>A</sub>, GABA<sub>B</sub> and GABA<sub>C</sub> receptors (Chebib and Johnston, 1999; Bormann, 2000; Rudolph *et al.*, 2001). GABA<sub>A</sub> (and GABA<sub>C</sub>) receptors are coupled to chloride ion channels and mediate fast synaptic inhibition (Sieghart, 1992). GABA<sub>B</sub> receptors, discovered in 1980 (Bowery *et al.*, 1980), were cloned in 1997 as the last group of receptors for this major neurotransmitter (Kaupmann *et al.*, 1997). GABA<sub>B</sub> receptors are coupled through G proteins to neuronal potassium and calcium channels and mediate slow synaptic inhibition by increasing potassium and decreasing calcium conductance (Bowery, 1993). The GABA<sub>B</sub> receptor exists as a heterodimer formed by dimerization of two homologous subunits (GABA<sub>B1</sub> and GABA<sub>B2</sub>) (Kaupmann *et al.*, 1998; Marshall *et al.*, 1999). The GABA<sub>B1</sub> subunit binds the endogenous ligand, whereas GABA<sub>B2</sub> subunit is responsible for the trafficking of the GABA<sub>B1</sub> subunit to the cell surface and is responsible for interaction with G proteins (Thuault *et al.*, 2004). On the subcellular level, most GABA<sub>B</sub> receptors are extrasynaptic, sometimes localized in close proximity to glutamatergic synapses (Fritschy *et al.*, 1999; Lujan *et al.*, 2004). Postsynaptic GABA<sub>B</sub> receptors activate inwardly rectifying potassium channels (Luscher *et al.*, 1997). Activation of presynaptic GABA<sub>B</sub> receptors, acting as heteroreceptors or autoreceptors, causes an inhibition of neurotransmitter release (Bowery *et al.*, 2002) by depressing Ca<sup>2+</sup> influx via calcium channels.

3-Aminopropyl-*n*-butyl-phosphinic acid (CGP 36742) is one of the first GABA<sub>B</sub> receptor antagonists that can penetrate the blood-brain barrier after peripheral administration, with inhibition constant (IC<sub>50</sub>) of 32  $\mu$ M (Bittiger *et al.*, 1996). CGP 36742 was effective in the learned helplessness paradigm in rats, dose-dependently improving the escape failures induced by the inescapable shocks (Nakagawa *et al.*, 1999), suggesting that it may have an antidepressant profile. CGP 51176 (3-amino-2(*R*)-hydroxypropyl-cyclohexylmethyl-phosphinic acid) is a GABA<sub>B</sub> receptor antagonist with IC<sub>50</sub> of 6  $\mu$ M (Froestl *et al.*, 1995). Antidepressant-like effects were obtained with CGP 51176 in the chronic mild stress (CMS) model of depression and in the forced swim test in rats (Bittiger *et al.*, 1996). Other selective GABA<sub>B</sub> receptor antagonists such as [3-[1-(*S*)-[[3-(cyclohexylmethyl)-hydroxyphosphinoyl]-2-(*S*)-hydroxy-propyl]amino]-ethyl]-benzoic acid, lithium salt (CGP 56433A) and

(2*S*)-3-[[[1-(*S*)-1-(3,4-dichlorophenyl)ethyl]amino-2-hydroxypropyl](phenylmethyl) phosphinic acid hydrochloride (CGP 55845A) were able to induce antidepressant-like effects in the forced swim test in mice and in rats (Mombereau *et al.*, 2004; Slattery *et al.*, 2005), but not in the tail suspension test (Mombereau *et al.*, 2004). Taken together, these data indicate that antagonists of the GABA<sub>B</sub> receptor may produce antidepressant effects in animals. The GABA<sub>B</sub> receptor antagonist CGP 36742 has recently been included in clinical trials for the treatment of mild cognitive impairments (Froestl *et al.*, 2004).

In the present study, we examined the effects of acute treatment with two GABA<sub>B</sub> antagonists as well as with one agonist of the GABA<sub>B</sub> receptor in the forced swim test in mice. We also investigated the effects of acute and chronic treatment with these agents in rats using the olfactory bulbectomy (OB) model and the CMS model. Moreover, the effect of chronic treatment with CGP 51176 on GABA<sub>B</sub> receptor binding was also investigated with radiolabeled ligand binding assays. We now report that CGP 36742 and CGP 51176, GABA<sub>B</sub> receptor antagonists, exhibit antidepressant-like effects in rodent tests, and that the effect of CGP 51176 was antagonized by the GABA<sub>B</sub> receptor agonist (3-amino-2(*S*)-hydroxypropyl) methylphosphinic acid (CGP 44532).

## Methods

### *Animals and housing*

The experiments were performed on male Wistar rats (200–250 g) and male Albino Swiss mice (22–26 g). The animals were kept on a natural day-night cycle at room temperature of 19–21°C, with free access to food and water. Each experimental group consisted of 6–10 animals. All injections were given intraperitoneal (i.p.) in a volume of 2 or 10 ml kg<sup>-1</sup> in rats and mice, respectively. Experiments were carried out between 0900 and 1400 hours by an observer blind to the treatment. All experimental procedures were approved by Animal Care and Use Committee at the Institute of Pharmacology, Polish Academy of Sciences in Kraków.

### *Forced swim test in mice*

The test was carried out according to the method of Porsolt *et al.* (1977). Mice were chosen to perform the swim test in order to demonstrate the possible antidepressant-like effects of CGP 36742 in the second species. Thirty minutes after i.p. injection of tested compounds, mice were dropped individually into glass cylinders (height 25 cm, diameter 10 cm) filled with water to a height of 10 cm (maintained at 23–25°C), and left there for 6 min. After an initial 2-min period of vigorous activity, each animal assumes an immobile posture. The total duration of immobility within the last 4 min of the 6-min testing period was recorded. Mice were judged to be immobile when they remained floating passively in the water.

### *Locomotor activity in mice*

Locomotor activity was measured using photoresistor actometers (circular cages, 25 cm in diameter, two light sources

and two photoresistors). The animals were placed individually in an actometer for 6 min. The 6-min time was chosen to match the swimming time. Activity was also measured at 3-min intervals to characterize dynamics of changes. The number of light beams crossed by an animal was recorded as the locomotor activity. All drugs were injected 30 min before the test.

#### *CMS model of depression*

Male Wistar rats (our own breeding stock) were brought into the laboratory 2 months before the start of the experiment, at which time they weighed 200–250 g. They were first trained to consume a 1% sucrose solution; training consisted of eight 1 h baseline tests (twice weekly at 1000 hours) in which sucrose was presented, in the home cage, following 14 h food and water deprivation; the sucrose intake was measured by weighing pre-weighed bottles containing the sucrose solution, at the end of the test. Subsequently, sucrose consumption was monitored, under similar conditions, at weekly intervals throughout the entire experiment. On the basis of their sucrose intakes in the final baseline test, the animals were divided into two matched groups. One group of animals was subjected to the CMS procedure for a period of 7 consecutive weeks. Each week of stress regime consisted of: two periods of food or water deprivation, two periods of 45° cage tilt, two periods of intermittent illumination (lights on and off every 2 h), two periods of soiled cage (250 ml water in sawdust bedding), one period of paired housing, two periods of low intensity stroboscopic illumination (150 flashes/min) and three periods of no stress. All stressors were 10–14 h of duration and were applied individually and continuously, day and night. Control animals were housed in separate rooms and had no contact with the stressed animals. They were deprived of food and water for the 14 h preceding each sucrose test, but otherwise food and water were freely available in the home cage. On the basis of their sucrose intake scores following initial 3 weeks of stress, both stressed and control animals were each divided further into five matched subgroups ( $n=8$ ), and for the subsequent 6 weeks they received saline ( $1 \text{ ml kg}^{-1}$ ), CGP 51176 (0.3, 3.0 and  $30 \text{ mg kg}^{-1}$ ) or imipramine ( $10 \text{ mg kg}^{-1}$ ) as the reference treatment. These drugs were administered twice daily at 1000 and 1700 hours. Sucrose tests were carried out 24 h following the last drug treatment (the second administration preceding the sucrose test was omitted). After 5 weeks, all treatments were terminated and one additional sucrose test was carried out following 1 week of withdrawal. Stress was continued throughout the period of treatment and withdrawal. The CMS model is a long (4 months) and very time-consuming procedure. The treatment groups ( $n=8$  rats/group) included control and stressed animals given vehicle, the reference drug (imipramine) and three doses of the CGP compound. This means that each drug administration takes approximately 2 h (4 h in case of twice daily dosing). The injections have to be done before the changes of the light/dark cycle, they cannot interfere with the application of the stressors and the timing schedule has to take into account results of the pharmacokinetic analysis.

The time gap of 7 h (i.e. injections at 1000 and 1700 hours) appears to follow all the above requirements.

#### *OB – surgical procedure*

After 2 weeks' acclimation period, bilateral OB was performed in rats anesthetized with Vetbutal (BioWet, Pulawy, Poland) given in dose of  $10 \text{ mg kg}^{-1}$  i.p. Following exposure of the skull, 2 mm diameter holes were drilled at the points 7 mm anterior to the bregma and 2 mm either side of the midline. The olfactory bulbs were removed by suction and holes were filled with hemostatic sponge to stop the bleeding and the skin was closed. Sham-operated animals were treated in the same way but the bulbs were left intact. After the surgery, rats were kept four per cage (two sham + two bulbectomized). The animals were given 14 days to recover following surgery before drug administration and during this period they were handled daily by the experimenter to eliminate any aggressiveness that would otherwise arise. Two weeks after surgery, drug treatment began. CGP 36742 ( $10 \text{ mg kg}^{-1}$ ) or CGP 51176 ( $3 \text{ mg kg}^{-1}$ ) were administered chronically once daily for 14 days or acutely at doses of  $10 \text{ mg kg}^{-1}$  i.p. The doses of both antagonists were chosen on the basis of the results of CMS or swim test studies. Control animals received a vehicle solution (0.9% sodium chloride).

#### *Open field test in OB rats*

Forty-five minutes after the last dose of CGP 36742 or CGP 51176, the open field test was performed. Each rat was placed individually into the center of the 'open field' apparatus. The 'open field' apparatus was a circle made of wood, 90 cm in diameter. The test was performed between 0900 and 1200 hours. The number of rearings and peepings was measured during a 3-min observation period. Experiments were performed in a darkened room and the apparatus was illuminated by a 60 W bulb positioned 1 m above the center of the circle.

#### *Passive avoidance test in OB rats*

Twenty-four hours after the open field test, rats were injected once more with antagonists or saline. Forty-five minutes after the last dose of CGP 36742 or CGP 51176, the passive avoidance test was performed. In experiments with administration of a single dose of CGP 36742, rats were treated for 14 days with saline, followed by a single injection of CGP 36742, 45 min latter the passive avoidance test was performed. The passive avoidance apparatus consisted of a Plexiglas box ( $50 \times 50 \times 50 \text{ cm}$ ) with a grid floor. The grid floor consisted of parallel steel rods set 1.2 cm apart. A wooden platform ( $12 \times 12 \times 4 \text{ cm}$ ) was placed in the center of the grid floor. Rats were placed individually on a wooden platform and when the rat stepped down from the platform and placed all its paws on the grid floor, an intermittent electroshock (0.75 mA) was delivered for 1 s. The animals were immediately removed from the experimental cage and transferred to the home cage. After 30 s, the next trial on the same rats was initiated. The training of the rats was stopped if the rats learned not to leave the platform before the passage of 1 min or if 15 trials were given.

### Radioligand binding assay

Male Albino Swiss mice were treated once a day with CGP 51176 ( $1 \text{ mg kg}^{-1}$ ) or saline, for 28 days. Twenty-four hours after the last treatment, animals were killed, brains removed and hippocampi dissected and frozen on dry ice and stored at  $-80^{\circ}\text{C}$ . [ $^3\text{H}$ ]CGP-54626 (cyclohexylmethyl-[(S)-3-[(S)-1-(3,4-dichloro-phenyl)-ethylamino]-2-hydroxy-propyl]-phosphinic acid hydrochloride) was used as the radioligand. The membrane preparation and the assay procedure were carried out according to the published procedure (Bittiger *et al.*, 1992) with slight modifications.

Hippocampi were homogenized using Ultra Turrax in 10 ml of ice-cold 50 mM Tris-HCl buffer (pH 7.4). The tissue suspension was centrifuged at  $15\,000g$  for 20 min ( $0-4^{\circ}\text{C}$ ). The pellet was resuspended in the same volume of Tris buffer by homogenization and centrifuged again at  $15\,000g$  for 20 min ( $0-4^{\circ}\text{C}$ ). This pellet was twice more resuspended and homogenized in the same volume of buffer and centrifuged for 25 min at the same settings. The pellet was then frozen at  $-20^{\circ}\text{C}$  at least for 18 h. Finally, the pellet was resuspended in Tris-HCl buffer in a proportion of 1 g tissue to 35 ml buffer. The final incubation mixture (final volume  $300 \mu\text{l}$ ) consisted of  $240 \mu\text{l}$  of membrane suspension,  $30 \mu\text{l}$  of a [ $^3\text{H}$ ]CGP 54626 solution (containing six concentrations of the ligand ranging from 0.125 to  $20 \text{ nM}$ ;  $200\,000 \text{ c.p.m.}$  at the highest concentration) and  $30 \mu\text{l}$  of Tris-HCl buffer. Nonspecific binding was determined in the presence of GABA ( $10^{-4} \text{ M}$ ). Samples were incubated for 10 min on ice. The incubation was terminated by rapid filtration over glass fiber filters (Whatman GF/C). The filters were washed two times with 5 mM ice-cold buffer and immersed in 4 ml of a scintillation liquid. Radioactivity was measured in a WALLAC 1409 DAS – liquid scintillation counter. All assays were done in duplicates. Protein concentrations were determined using BCA protein assay kit from Pierce (Rockford, IL, USA).

Data were analyzed using iterative curve fitting routines (GraphPAD/Prism, Version 3.0 – San Diego, CA, USA).

### Drugs

CGP 36742, CGP 51176 and CGP 44532 were obtained from Dr Wolfgang Froestl (Novartis, Switzerland). [ $^3\text{H}$ ]CGP-54626, [S-(R\* R\*)-[[1-(3,4-dichlorophenyl)-ethyl]amino]-2-hydroxy-propyl]([3,4- $^3\text{H}$ ]-cyclohexylmethyl)phosphinic acid (specific activity  $1850 \text{ GBq/mmol}$ ) was purchased from Tocris (Bristol, UK). Imipramine HCl was purchased from RBI (Natick, MA, USA).

### Data analysis

The data were evaluated by one- or two-way analysis of variance (ANOVA) followed by Dunnett's multiple comparison test or Newman-Keuls test or Student's *t*-test,  $P < 0.05$  was considered significant. Data obtained in the CMS experiment (sucrose intakes) were analyzed by multiple ANOVA with three between-subjects factors (stress/control, drug treatments and successive sucrose tests), followed by the *post hoc* comparisons of means (Fisher's least significant difference test).

## Results

### Forced swim test in mice

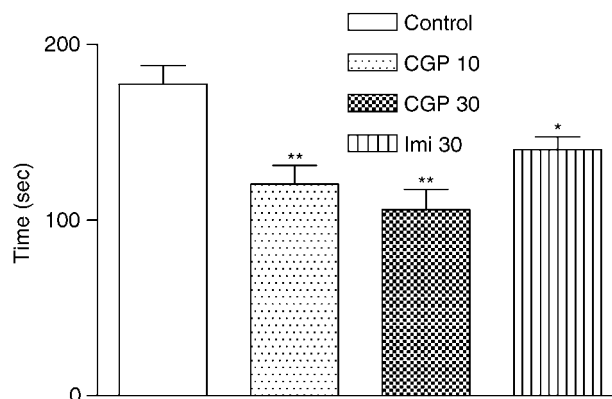
CGP 36742 at 10 and  $30 \text{ mg kg}^{-1}$ , significantly reduced the immobility time in the forced swim test at both doses ( $10 \text{ mg kg}^{-1}$  by 32% and  $30 \text{ mg kg}^{-1}$  by 40%), (Figure 1), whereas the reference compound, imipramine, administered at a dose of  $30 \text{ mg kg}^{-1}$ , significantly decreased the immobility time by 21%. At doses greater than  $8 \text{ mg kg}^{-1}$ , the other GABA<sub>B</sub> receptor antagonist, CGP 51176, significantly reduced the immobility time in the forced swim test by 31% (Table 1a and b). The GABA<sub>B</sub> receptor agonist, CGP 44532 ( $0.125$  or  $0.25 \text{ mg kg}^{-1}$ ), was not effective in the forced swim test (Table 1c); however, at a dose of  $0.125 \text{ mg kg}^{-1}$ , it significantly blocked the antidepressant-like activity of CGP 51176 at a dose of  $8 \text{ mg kg}^{-1}$  (Table 1d). Control (vehicle-treated) mice exhibit variability in the immobility time. That may be due to using independent groups of animals and experiments performed several weeks apart, therefore separate controls for each group of animals are presented.

### Locomotor activity in mice

CGP 36742 at doses of 10 or  $30 \text{ mg kg}^{-1}$  had no effect on the spontaneous locomotor activity in mice (Table 2). Neither the GABA<sub>B</sub> receptor antagonist, CGP 51176 ( $8-12 \text{ mg kg}^{-1}$ ) nor the GABA<sub>B</sub> receptor agonist CGP 44532 ( $0.125-0.25 \text{ mg kg}^{-1}$ ), influenced the locomotor activity of mice (Table 3a and b). Combined treatment with CGP 51176 ( $8 \text{ mg kg}^{-1}$ ) and CGP 44532 ( $0.125 \text{ mg kg}^{-1}$ ), still had no effect on the locomotor activity (Table 3c).

### Passive avoidance test in OB rats

Single administration of CGP 36742 did not alter the OB-induced learning deficit (Figure 2), induced following bulbectomy. The effect of chronic CGP 36742 treatment (at  $10 \text{ mg kg}^{-1}$ ) on passive avoidance acquisition is shown in Figure 3a. Sham-operated rats learned the passive avoidance



**Figure 1** Effect of CGP 36742 ( $10$  or  $30 \text{ mg kg}^{-1}$ ) on the total duration of immobility in the forced swim test in mice. CGP 36742 and imipramine ( $30 \text{ mg kg}^{-1}$ ) were administered at 30 min before the test. Values are expressed as means  $\pm$  s.e.m. of eight mice per group. ANOVA as follows:  $F = 9.188$  (3,28),  $P < 0.0001$ , \* $P < 0.05$ , \*\* $P < 0.01$ , vs vehicle-treated control group.

**Table 1** Effect of treatment with CGP 51176, CGP 44532 and their co-treatment on the total duration of immobility in the forced swim test in mice

Compound	Dose (mg kg <sup>-1</sup> )	Immobility time (s)
a		
Vehicle	—	170.7 ± 10.4
CGP 51176	5	145.9 ± 11.7
CGP 51176	8	117.8 ± 7.7*
IMI	30	93.7 ± 11.5*
B		
Vehicle	—	205.0 ± 3.3
CGP 51176	10	174.3 ± 8.4*
CGP 51176	12	172.0 ± 8.6*
c		
Vehicle	—	206.2 ± 12.5
CGP 44532	0.125	183.3 ± 17.1
CGP 44532	0.250	225.5 ± 6.5
d		
Vehicle	—	154.0 ± 12.3
CGP 51176 +	8	180.2 ± 9.6
CGP 44532	0.125	

Abbreviations: CGP 44532, (3-amino-2(S)-hydroxypropyl) methylphosphinic acid; CGP 51176, 3-amino-2(R)-hydroxypropyl-cyclohexylmethyl-phosphinic acid; IMI, imipramine. CGP 51176, CGP 44532 and IMI were given 30 min before the test. Values are expressed as means ± s.e.m. of 6–7 mice per group. ANOVA: A –  $F(3,23) = 10.144$ ,  $P = 0.0002$ ; B –  $F(2,17) = 5.6$ ,  $P < 0.02$ ; C –  $F(2,17) = 3.28$ ,  $P > 0.05$ . Students' *t*-test: D –  $t(11) = 1.709$ ,  $P = 0.1166$ , NS. \* $P < 0.01$  vs vehicle.

**Table 2** Effect of CGP 36742 on spontaneous locomotor activity in mice

Compound	Dose (mg kg <sup>-1</sup> )	Activity counts	
		3 min	6 min
Vehicle	—	57.6 ± 14.0	99.9 ± 19.8
CGP 36742	10	62.5 ± 13.2	121.6 ± 24.3
	30	64.3 ± 14.2	119.8 ± 30.1

Abbreviation: CGP 36742, 3-aminopropyl-*n*-butyl-phosphinic acid. CGP 36742 (10 or 30 mg kg<sup>-1</sup>) was given 30 min before the test. Values are expressed as means ± s.e.m. of eight mice per group. ANOVA as follows  $F(2,20) = 0.48$   $P < 0.6028$ , NS, 3 min;  $F(2,20) = 1.66$   $P < 0.215$ , NS, 6 min.

situation in approximately four trials, whereas bulbectomized rats needed an average of nine trials to reach the same criterion. Chronic administration of CGP 36742 restored the learning deficit in OB rats (five trials) without affecting performance in sham-operated animals. The effect of chronic CGP 51176 treatment (at 3 mg kg<sup>-1</sup>) on passive avoidance acquisition is shown in Figure 3b. Bulbectomized animals needed twice as many trials to learn the passive avoidance situation, comparing to control rats. Chronic administration of CGP 51176 (3 mg kg<sup>-1</sup>) restored the learning deficit in OB rats (five trials) without affecting performance in sham-operated animals (Figure 3b).

#### Open field test in OB rats

In the open field test, the OB procedure caused a significant increase (about 50%) in the number of rearings + peepings

**Table 3** Effect of treatment with CGP 51176, CGP 44532 and their co-treatment on spontaneous locomotor activity in mice

Compound	Dose (mg kg <sup>-1</sup> )	Activity counts	
		3 min	6 min
<i>a</i>			
Vehicle	—	62.9 ± 6.5	109.1 ± 9.6
CGP 51176	8	67.0 ± 4.2	119.0 ± 10.4
<i>b</i>			
Vehicle	—	100.8 ± 9.6	176.5 ± 12.8
CGP 51176	10	84.0 ± 9.2	167.8 ± 12.3
CGP 51176	12	84.9 ± 14.1	145.1 ± 20.4
CGP 44532	0.125	100.3 ± 8.9	165.3 ± 16.2
CGP 44532	0.250	75.6 ± 5.2	145.6 ± 14.5
<i>c</i>			
Vehicle	—	69.7 ± 4.4	118.9 ± 9.5
CGP 51176 +	8	70.8 ± 2.9	120.8 ± 5.9
CGP 44532	0.125		

Abbreviations: CGP 44532, (3-amino-2(S)-hydroxypropyl) methylphosphinic acid; CGP 51176, 3-amino-2(R)-hydroxypropyl-cyclohexylmethyl-phosphinic acid.

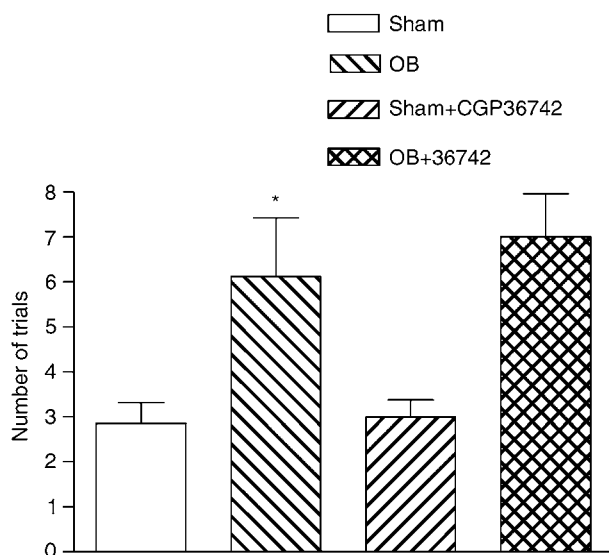
CGP 51176 or CGP 44532 were administered at 30 min before test. Values are expressed as means ± s.e.m. of 6–8 mice per group. Students' *t*-test: A:  $t(13) = 0.5124$ ,  $P = 0.6169$  for 3 min;  $t(13) = 0.7001$ ,  $P = 0.4962$  for 6 min; C:  $t(13) = 0.2021$ ,  $P = 0.8429$  for 3 min;  $t(13) = 0.1640$ ,  $P = 0.8723$  for 6 min. ANOVA:  $F(4,36) = 1.252$ ,  $P = 0.3090$  for 3 min;  $F(4,36) = 0.8500$ ,  $P = 0.5042$  for 6 min.

compared to sham-operated animals (Figure 4a). Repeated administration of CGP 36742 (at 10 mg kg<sup>-1</sup>) reduced this OB-related increase in the number of rearings + peepings. Chronic administration of CGP 51176 (3 mg kg<sup>-1</sup>) also significantly reduced the OB-related increase in the number of rearings + peepings (Figure 4b).

#### Chronic mild stress

The CMS procedure caused a gradual decrease in the consumption of 1% sucrose solution. In the final baseline test, sucrose intake was approximately 13 g in both groups. Following 3 weeks of stress, intake remained at a similar level in control animals, but fell to approximately 8 g in stressed animals. Such a difference between control and stressed animals treated with vehicle, persisted at the same level for the remainder of the experiment. As shown in Figure 5, imipramine or CGP 51176 had no significant effects in control animals. However, the two drugs caused a gradual increase of sucrose intake in stressed animals, resulting in a significant treatment effect, developing over the weeks of treatment. Sucrose intake in imipramine-treated animals was increased significantly from week 0 after 4 weeks of treatment ( $P < 0.01$ ), and this increase was maintained thereafter. After 5 weeks of treatment, there were no differences between drug-treated stressed animals and drug- and saline-treated controls (Figure 5).

As shown in Figure 5b, CGP 51176 reversed the CMS-induced anhedonia in a dose-dependent manner. Sucrose intakes in animals treated with 3.0 or 30 mg kg<sup>-1</sup> were increased significantly from week 0 ( $P < 0.05$ ) after 3 and 4 weeks of treatment, respectively, and after 5 weeks of



**Figure 2** Effect of single administration of CGP 36742 on passive avoidance acquisition in OB model in rats. These tests were performed 45 min after the last drug administration. Values are expressed as means  $\pm$  s.e.m. of 7–8 mice per group. ANOVA as follows:  $F(1,26) = 0.31$ ,  $P = 0.58$ , OB vs OB + CGP 36742-treated rats;  $F(1,26) = 15.85$ ,  $P < 0.001$ , Sham vs OB rats,  $*P < 0.001$ .

treatment, there were no significant differences between drug-treated stressed animals and drug- and saline-treated controls. CGP 51176 administered at the dose of  $0.3 \text{ mg kg}^{-1}$  had no significant effect on the sucrose consumption in either control or stressed animals. The increase in sucrose intake in stressed animals treated with imipramine and CGP 51176 ( $3.0$  and  $30 \text{ mg kg}^{-1}$ ) was maintained 1 week after cessation of treatment (see Figure 5).

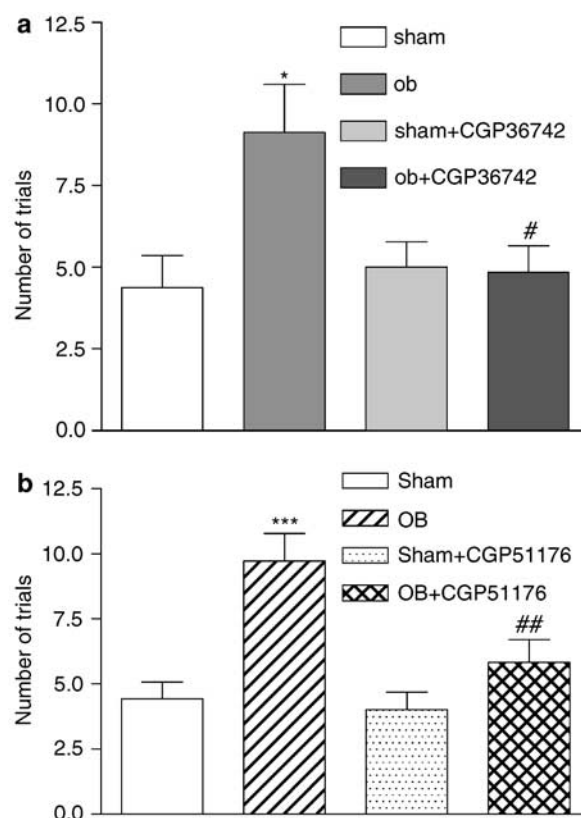
#### GABA<sub>B</sub> receptor binding

Chronic (4 weeks) treatment with GABA<sub>B</sub> receptor antagonist CGP 51176 ( $1 \text{ mg kg}^{-1}$ ) induced a significant 98% increase in the density of GABA<sub>B</sub> receptor antagonist [ $^3\text{H}$ ]CGP 54626A binding to GABA<sub>B</sub> receptors in the mouse hippocampus without alterations in the affinity (Table 4).

## Discussion

The present study was conducted on both rats and mice because we wanted to confirm that the antidepressant-like activity produced by the tested compounds is a generalized phenomenon and not a phenomenon specific to rats or mice. Moreover, our findings showing that similar effects can be observed in one laboratory in both species provide further support for results of the studies conducted either on rats or mice in different laboratories.

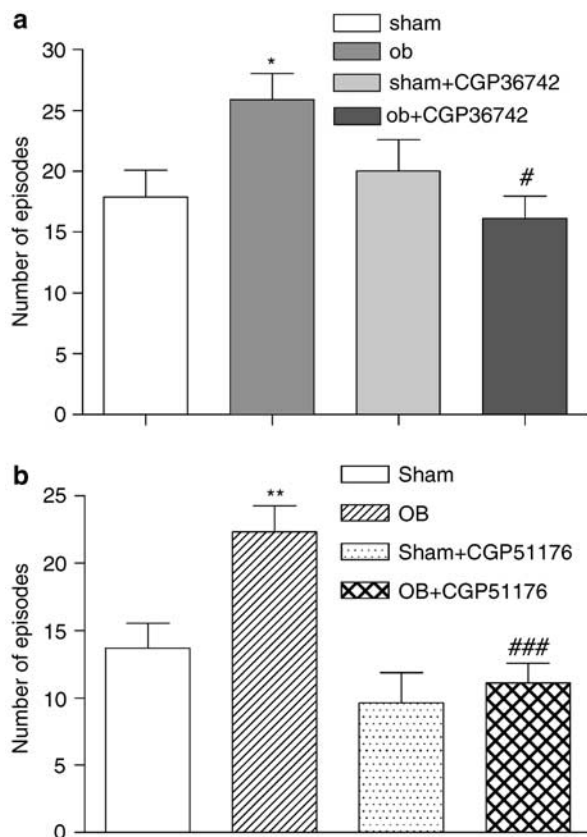
In the present study, we demonstrated that the selective GABA<sub>B</sub> receptor antagonists, CGP 36742 and CGP 51176 were active in the forced swim test, which is an important assay to predict antidepressant-like properties of drugs (Porsolt *et al.*, 1977, 1978). These results conformed to and extended previous studies (Bittiger *et al.*, 1996; Nakagawa



**Figure 3** Effect of chronic treatment with CGP 36742 (a) or CGP 51176 (b) on passive avoidance acquisition in OB model in rats. These tests were performed 45 min after the last administration of chronic treatment. Each column represents the mean  $\pm$  s.e.m. of 7–8 animals per group. ANOVA as follows: (a)  $F(1,26) = 4.47$ ,  $P < 0.05$ , sham vs OB rats;  $F(1,26) = 18.29$ ,  $P < 0.001$  OB vs OB + CGP 36742-treated rats,  $*P < 0.05$ ,  $\#P < 0.001$ . Moreover, there was a significant interaction between the groups ( $F(1,26) = 19.97$ ,  $P = 0.04$ ). (b)  $F(1,22) = 17.66$ ,  $P < 0.001$ , sham vs OB rats;  $F(1,22) = 6.472$ ,  $P < 0.04$ , OB vs OB + CGP 51176-treated rats;  $***P < 0.001$ ,  $##P < 0.05$ .

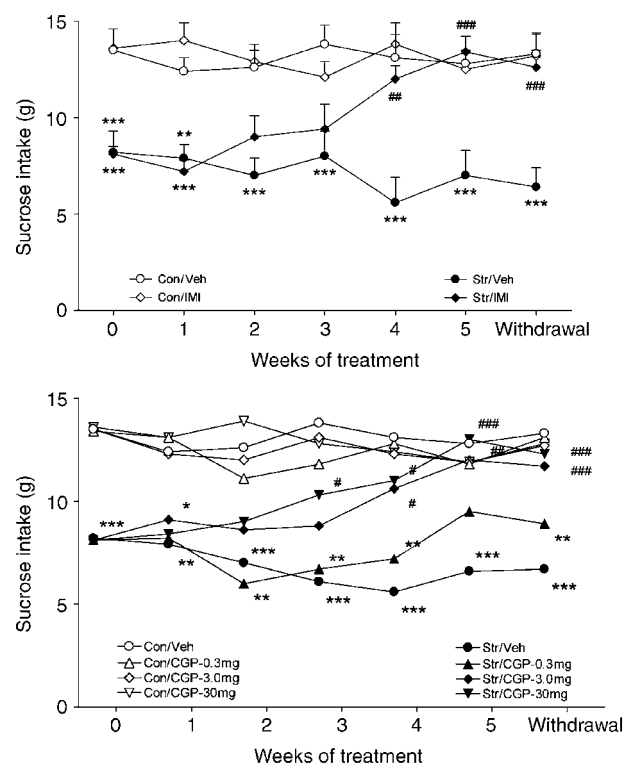
*et al.*, 1999). Other selective antagonists of GABA<sub>B</sub> receptors such as CGP 56433A and CGP 55845A were also able to induce antidepressant-like effects in the forced swim test in mice or rats (Mombereau *et al.*, 2004; Slattery *et al.*, 2005), but not in the tail suspension test (Mombereau *et al.*, 2004), supporting the view that GABA<sub>B</sub> receptor antagonism may serve as a basis for the generation of novel antidepressants (Mombereau *et al.*, 2004). The fact that the GABA<sub>B</sub> receptor agonist CGP 44532 was not able to produce antidepressant-like effect in the forced swim test in mice but counteracted the activity of an antagonist CGP 51171 supports that line of thinking and extends the findings of Nakagawa *et al.* (1999) who have shown that baclofen, the prototype GABA<sub>B</sub> receptor agonist, blocked the antidepressant effect of CGP 36742, as well as the action of the classical antidepressant imipramine in rats (Nakagawa *et al.*, 1996).

Surgical lesion of the OB in animals induces significant behavioral, physiological, endocrine and immune changes, many of which were qualitatively similar to those observed in depressive patients (for review, see Kelly *et al.*, 1997). In animal studies, a variety of OB-related behavioral changes,



**Figure 4** Effect of chronic treatment with CGP 36742 (a) or CGP 51176 (b) on the number of rearings+peepings in open field test in OB model in rats. These tests were performed 45 min after the last administration of chronic treatment. Each column represents the mean  $\pm$  s.e.m. of 7–8 animals per group. ANOVA as follows: (a)  $F(1,26)=9.332$ ,  $P=0.005$ , sham vs OB rats;  $F(1,26)=4.569$ ,  $P<0.04$ , OB vs OB + CGP 36742-treated rats. There was a significant interaction between the groups ( $F(1,26)=10.7$ ,  $P=0.003$ ). \* $P<0.001$ , # $P<0.05$ . (b)  $F(1,26)=4.99$ ,  $P=0.004$ , sham vs OB rats;  $F(1,26)=9.38$ ,  $P=0.004$ , OB vs OB + CGP 51176-treated rats. There was a significant interaction between the groups ( $F(1,26)=20.28$ ,  $P=0.032$ ). \*\* $P<0.01$ , ### $P<0.001$ .

including hyperactivity in the 'open field' and deficiency in passive avoidance, responded selectively to antidepressant treatment. The passive avoidance deficit is susceptible to acute administration of antidepressants, whereas hyperactivity in the 'open field' always responds to chronic treatment with antidepressants, mimicking the clinical lag-time of currently used antidepressant drugs (Harkin *et al.*, 2003). We used both tests to evaluate a potential antidepressant-like effect of GABA<sub>B</sub> receptor antagonists in the OB model of depression. As it was the requirement of the ethics committee to reduce the number of animals subjected to bulbectomy, appropriate doses were inferred from the data of the CMS and forced swim test experiments and we decided to use a single dose of antagonists in this model of depression. Repeated but not single administration of CGP 36742 and repeated administration of CGP 51176 attenuated the hyperactivity of OB rats in this test and attenuated the learning deficit in the passive avoidance experiment. We also found that repeated administration of GABA<sub>B</sub> antagonists did not result in any behavioral changes in the sham-



**Figure 5** Effects of chronic treatment with saline (Con) ( $1 \text{ ml kg}^{-1}$ ), imipramine (IMI) ( $10 \text{ mg kg}^{-1}$ ) and CGP 51176 (CGP) ( $0.3$ ,  $3.0$  and  $30 \text{ mg kg}^{-1}$ ) on the consumption of 1% sucrose solution in controls (open symbols) and in animals exposed to CMS (closed symbols). Treatment commenced following 2 weeks of stress. Values are means  $\pm$  s.e.m. (in the lower panel, s.e.m. were omitted for clarity). ANOVA as follows: (Group effect  $F(1,989)=254.2$ ,  $P<0.001$ ), control vs stressed animals; [IMI:  $F(1,98)=0.44$ , NS], control vs control/IMI-treated rats; (CGP:  $F(3,196)=1.39$ , NS), control vs control/CGP-treated rats; [IMI:  $F(1,98)=112.36$ ,  $P<0.001$ ], stressed vs stressed /IMI-treated rats; (CGP:  $F(1,196)=36.94$ ,  $P<0.001$ ), stressed vs stressed/CGP-treated rats; treatment  $\times$  weeks interaction, [IMI:  $F(6,98)=13.08$ ,  $P<0.001$ ; CGP:  $F(18,196)=2.99$ ,  $P<0.01$ ] \* $P<0.05$ , \*\* $P<0.01$ , \*\*\* $P<0.001$  vs saline or drug-treated control groups; # $P<0.05$ , ## $P<0.01$ , ### $P<0.001$  vs drug-treated stressed animals at Week 0.

**Table 4** Effect of chronic (4 weeks) CGP 51176 treatment on the binding of [ $^3\text{H}$ ]CGP 54626A to GABA<sub>B</sub> receptors in mouse hippocampus

Treatment	$B_{\text{max}}$ (fmol mg protein $^{-1}$ )	$K_D$ (nM)
Vehicle	744.2 $\pm$ 83.5	1.52 $\pm$ 0.17
CGP 51176	1474.5 $\pm$ 274.4*	2.22 $\pm$ 0.27

Abbreviations: CGP 51176, 3-amino-2(R)-hydroxypropyl-cyclohexylmethylphosphinic acid; CGP 54626, cyclohexylmethyl-(S)-3-[(S)-1-(3,4-dichlorophenyl)-ethylamino]-2-hydroxy-propyl-phosphinic acid hydrochloride. Mice were treated with CGP 51176 or vehicle for 4 weeks. Twenty-four hours after the last treatment, animals were killed, hippocampi were dissected and binding of [ $^3\text{H}$ ]CGP 54626A to GABA<sub>B</sub> receptors was assessed. Results are expressed as means  $\pm$  s.e.m. of five mice per group. Students'  $t$ -test:  $t(8)=2.546$ ,  $P=0.0344$  for  $B_{\text{max}}$ ;  $t(8)=2.194$ ,  $P=0.0595$ , NS for  $K_D$ . \* $P<0.05$  vs vehicle group.

operated groups, indicating that the effect of CGP 36742 and CGP 51176 in OB rats was not due to a stimulant or sedative effect of these compounds. The OB model of depression has been previously used to assess a series of novel potential

antidepressant drugs, including those acting via the glutamatergic system, such as the *N*-methyl-D-aspartate receptor antagonist dizocilpine (Redmond *et al.*, 1997) or mGlu5 receptor antagonists such as MTEP or MPEP (Pilc *et al.*, 2002; Palucha *et al.*, 2005). The OB model appears to be also useful to investigate the antidepressant-like effects of GABA<sub>B</sub> antagonists. The lack of effects of CGP 51176 on the locomotor activity in mice supports the data of Colombo *et al.* (2001) who did not find any effects of GABA<sub>B</sub> receptor antagonists on locomotor activity of mice at 5 or 10 min after drug administration, the times used in our experiments. An increase in locomotor activity in his experiments was observed 20 min after drug administration.

Chronic sequential exposure to a variety of mild stressors (CMS) causes a substantial decrease in the consumption of 1% sucrose solution, a deficit that can be effectively reversed by chronic treatment with traditional antidepressant drugs (Papp *et al.*, 1996). Moreover, as in most of the previous studies with the CMS model (Willner, 1997, 2005), we observed that the action of imipramine had several parallels with its clinical activity, in terms of its efficacy (full recovery at the end treatment period), specificity (as indicated by a lack of significant effects in control animals) and time course (4–5 weeks of treatment required to reverse the deficit in sucrose consumption). CMS induces behavioral alteration in rats (reduction of an intake of a sweet solution), which, with some reservations, models anhedonia in humans (Willner, 1997, 2005). Anhedonia is a core symptom of human depression and, therefore, CMS is an established animal model. An important finding of the present study is that the CMS-induced reduction in the intake of sucrose solution can be normalized by chronic administration of CGP 51176, confirming the data of Bittiger *et al.* (1996), which, however, are available only in the abstract form.

Recent behavioral studies results indicated that antagonists, but not agonists, of GABA<sub>B</sub> receptors exert antidepressant-like effects in the preclinical studies using both mice and rats (for review see Cryan and Kaupmann, 2005). This notion is further supported by the data using knockout mice. It has been shown that GABA<sub>B(1)</sub>  $-/-$  mice had decreased immobility (antidepressant-like behavior) in the forced swim test (Mombereau *et al.*, 2004) and mice lacking GABA<sub>B(2)</sub> receptor subunit also have been shown to have antidepressant-like behavior (Mombereau *et al.*, 2005), supporting the view that it is GABA<sub>B</sub> receptor antagonism that is responsible for antidepressant-like effects. The increase in the GABA<sub>B</sub> receptor binding which was observed in several studies after treatment with GABA<sub>B</sub> receptor antagonist such as CGP 36742 or SCH 50,911 (Malcangio *et al.*, 1993; Pratt and Bowery, 1993; Pibiri *et al.*, 2005) in rats and mice, was confirmed in our experiments using CGP 51176 and is consistent with the view that the prolonged blockade of the GABA<sub>B</sub> receptor leads to its upregulation.

Data are accumulating that support the idea that, in depression, a hypofunction of the GABA-ergic system takes place (for review see Pilc and Nowak, 2005). Using proton magnetic resonance spectroscopy, lowered GABA levels were detected in depressed patients (Sanacora *et al.*, 1999, 2004), which were normalized after administration of electroconvulsive treatment (Sanacora *et al.*, 2002) or antidepressant

drugs (Sanacora *et al.*, 2002; Bhagwagar *et al.*, 2004). Therefore, if depression is due to hypoactivity of GABA-ergic transmission in the brain, one might expect that agonists of GABA<sub>B</sub> receptors should produce antidepressant effects. Such reports indeed were published, showing that GABA-receptor agonists, progabide and fengabine produce antidepressant effects in animal and in human studies (Lloyd *et al.*, 1983, 1987). Both substances, however, are nonselective agonists of the GABA-receptors and cannot be regarded as selective GABA<sub>B</sub> receptor agonists. An increase in the GABA<sub>B</sub> receptor density and/or function shown here after GABA<sub>B</sub> receptor antagonist treatment can be envisaged as a compensatory mechanism to the prolonged receptor blockade. This increase paradoxically can lead to an increase in the inhibitory neurotransmission in the brain, exerted by stimulation of the GABA<sub>B</sub> receptor system (see Introduction). An increase in the GABA<sub>B</sub> receptor binding and/or function shown in the majority of studies after antidepressant drugs (see Enna and Bowery, 2004; Sands *et al.*, 2004) can also be considered as a means to increase the inhibitory transmission in the brain, which remains in line with the concept that antidepressant drugs enhance GABA-ergic neurotransmission (Lloyd *et al.*, 1985).

To summarize, our data support the view that GABA<sub>B</sub> receptor antagonists possess antidepressant potential. The recent advances in our understanding of GABA<sub>B</sub> receptor function, as well as the discovery of new selective GABA<sub>B</sub> receptor ligands may give us new tools both to understand the etio-pathogenesis of depression and to treat the disease.

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## Conflict of interest

The authors state no conflict of interest.

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